



Patient ID

AVALANCHE VICTIM RESUSCITATION CHECKLIST

© ICAR MEDCOM, Kottmann A, Blancher M, Spichiger T, Boyd J, Brugger H

Time of avalanche ____ : ____
 Face exposure ____ : ____

BLS Provider

ALS Provider

Burial Time ____ min*
 (If unknown use core temp**)

≤35 min (≥32°C) >35 min (<32°C)

Air Pocket .../...

Vital Signs

YES NO

FIRST AID

CPR ***

Vital Signs

YES NO

FIRST AID

Airway Patent

YES or unknown NO

CPR ***

Obvious lethal trauma or body totally frozen

YES NO

STOP

Core Temp ____ °C

<32°C or unknown ≥32°C

ECG Asystole

NO or unknown YES

APPROPRIATE MEDICAL FACILITY

Airway Patent

YES or unknown NO

STOP

Circulation Stable and Core Temp ≥28°C ****

YES NO

Long transport or multiple casualties

NO YES

APPROPRIATE MEDICAL FACILITY

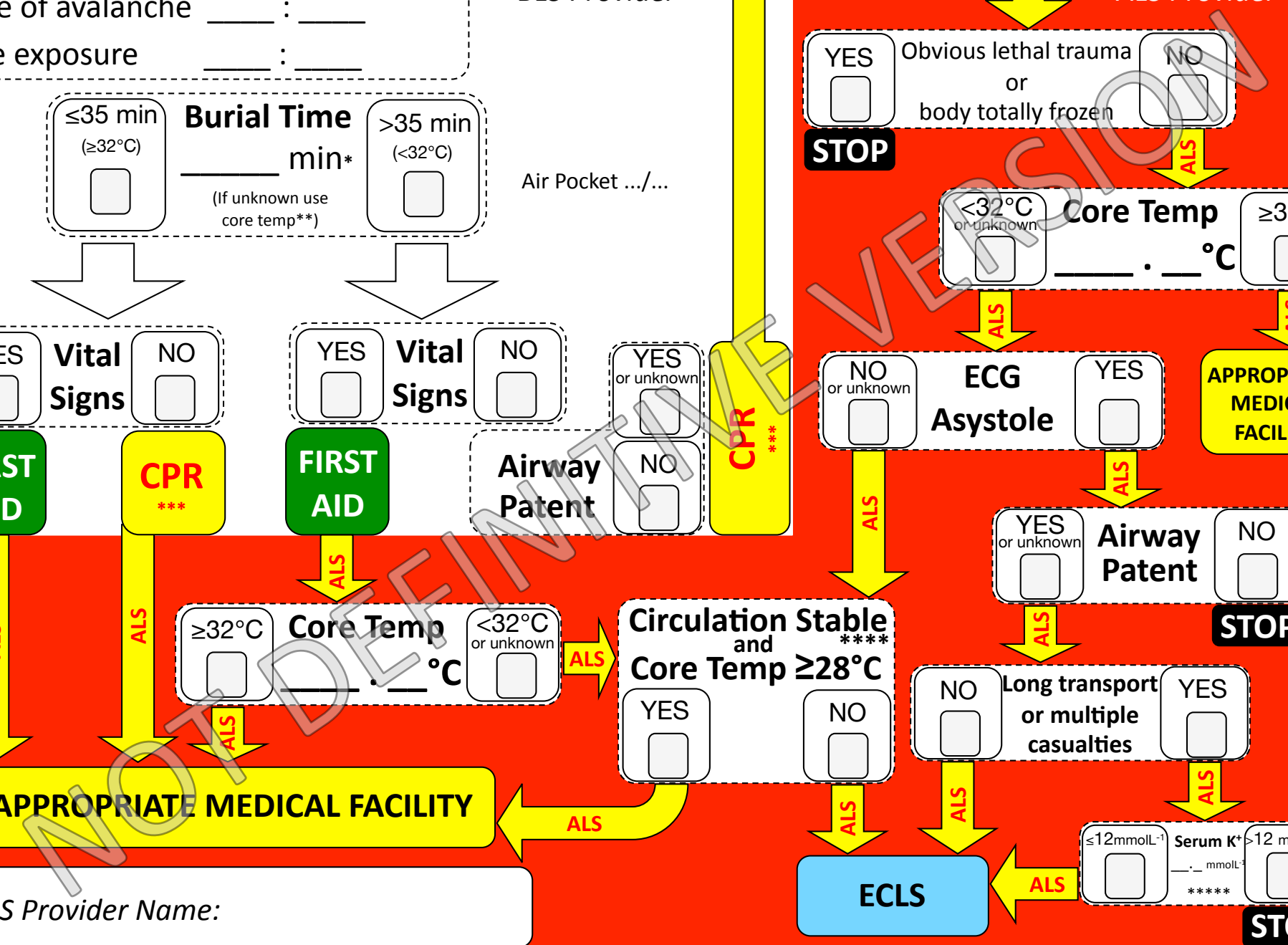
ALS Provider Name: _____

ECLS

Serum K⁺ ____ mmolL⁻¹

≤12 mmolL⁻¹ >12 mmolL⁻¹

STOP



Air Pocket

- Yes, ___ x ___ x ___ (cm)
 No
 Unknown

Rescue Service:

Base:

Phone:

Abbreviations:

Pat ID = Patient Identity
CPR = Cardiopulmonary Resuscitation
ALS = Advanced Life Support
ECLS= Extracorporeal Life Support (Cardiopulmonary Bypass/Extracorporeal Membrane Oxygenation)

- * Time between burial and uncovering the face.
- **If duration of burial is unknown, core temperature may substitute using oesophageal or epitympic (thermistor-based sensor) temperature.
- ** CPR can be withheld if unacceptable level of risk for the rescuer, total body frozen or obvious lethal trauma (decapitation, truncal transection).
- *** Patients who present with cardiac instability (ventricular arrhythmias, systolic blood pressure <90mmHg) or core temperature <28°C should be transported towards hospital with ECLS rewarming possibility.
- **** if K⁺ at hospital admission exceeds 12mmolL⁻¹ consider stopping resuscitation (after excluding crush injuries and consideration of the use of depolarizing paralytics); in an adult with K⁺ = 8-12 mmolL⁻¹ and other factors consistent with non-survival, termination of resuscitation should be considered.

