

**International Commission for Mountain
Emergency Medicine
ICAR MEDCOM
FALL MEETING 2016
BOROVETS, BULGARIA
OCTOBER 20-22, 2016**



**Report to the Mountain Rescue Association
By Ken Zafren, MD, Vice President of the ICAR MEDCOM
Representing the MRA – United States**

Once again, it was my privilege to represent the Mountain Rescue Association at the Fall 2016 meeting of the ICAR MEDCOM at Borovets, Bulgaria, which took place on October 20-22, 2016. I have submitted the minutes as a separate document. I have also included a presentation and supporting materials (journal articles).

I would like to thank the Mountain Rescue Association for continuing support of ICAR and for support of my expenses in attending the meeting.

I hope you will find this report useful.

Respectfully submitted,
Ken Zafren, MD

CONTENTS

2016 ICAR MEDCOM Minutes

ICAR MEDCOM presentation:

Himalayan Gold Rush – Ken Zafren, MD

Journal articles:

Procter E, Strapazon G, Dal Cappello T, et al. Burial Duration, Depth And Air Pocket Explain Avalanche Survival Patterns in Austria and Switzerland. *Resuscitation* 105:173-176, 2016.

Paal P, Gordon L, Strapazon G, et al. Accidental hypothermia – an update. *Scand J Trauma Resusc Emerg Med* 15: 24(1):111 2016.

Deslarzes T, Rousson V, Yersin B, et al. An evaluation of the Swiss staging model for hypothermia using case reports from the literature. *Scand J Trauma Resusc Emerg Med* 17 (24):16, 2016.